

**What Are You Thinking?**  
***The Power of Transformed Thinking***

Week 2  
Philippians 4:8,9

**I. Intro & Review**

**II. How to control your thoughts**

A. Pray - 4:6

1. About everything
2. With thanksgiving
3. Peace of God will guard your mind

B. Replace - v.8

1. Past with potential
2. Current with future
3. Ugly with righteous

C. Imitate - v.9

1. WWJT
2. Godly examples

**III. Your mind is a servant - Rom 8:5**

- A. To your flesh
- B. To your spirit

**IV. What's my Change Point?**

- A. Do I pray about everything?
- B. Am I allowing sinful thoughts to reign?
- C. Do I chose to imitate Jesus/godly models?