

Stress-Free Living
Becoming More Like Jesus
Philippians 3:12-4:1

- I. Biblical Living - 3:14-16
 - A. To be focused on the mark
 - B. How?
 - 1. Have this mind - exercise; to interest oneself in other's thoughts
 - 2. Walk - military term. March in rank or line. To stay in line with what we have learned
 - C. God uses His Word & circumstances to grow us
- II. Cautious Living - 3:17-19
 - A. Learn from positive examples
 - 1. Follow - be an imitator
 - 2. Example - after the pattern or model of another
 - B. Keep an eye out for negative examples
 - 1. Note - take aim; regard
 - 2. Those living contrary to their claim
- III. Expectant Living - 3:20,21
 - A. Set sights on your eternal home
 - 1. We are already citizens of heaven
 - 2. Our waiting is with expectancy of a reward
- IV. Lovingly Living - 4:1
 - A. Paul emphasizes his love for the Church
 - 1. Joy - delight and cheerfulness
 - 2. Crown - the victor's crown symbolic of celebration
- V. Change Point: Is my focus set on becoming more like Jesus to the point I am willing to change daily habits?