

Stress-Free Living
Destroying the Stress of Waiting
Philippians 1:20-26

I. Adding expectation to my waiting - 1:20

- A. Earnest - to look ahead with concentration
- B. Expectation is based on hope

II. Wait with motivation - 1:21-23

- A. Prison did not distinguish Paul's purpose
- B. What you live for will determine the degree of your satisfaction
- C. Gain - one's earned profits on an investment
- D. Depart - the untying of a ship's rope in port

III. What can I give while waiting - 1:24-26

- A. My desires must be subordinate to the will of God
- B. The growth of others may be the divine reason I am here at this point in time
- C. The progress of others may be accomplished in my waiting

IV. Change Point:

- *No one likes waiting. Am I focusing on how God wants to use me during this time?*