

Stress-Free Living
How To Curtail Conflict
Philippians 1:27-2:4

**V. Change Point: What steps do I need to take in order to
reduce conflict with _____?**

I. I need a spirit of cooperation - 1:27

- A. Conflict is normal on all levels
- B. How can I live “worthy” of Christ?
 - 1. Strive for one spirit
 - 2. Focus on one mind

II. I need a spirit of confidence - 1:28-30

- A. Intimidation is the adversary’s tactic
- B. Consistent conflict may indicate lack of salvation
- C. Living for Christ guarantees some opposition

III. I need a spirit of consolation - 2:1,2

- A. Genuine concern reduces opposition
- B. Spirit-filled believers are used by God to encourage

IV. I need a spirit of consideration - 2:3,4

- A. Sources of conflict in relationships:
 - 1. Strife - selfishness and rivalry
 - 2. Vainglory - ego or pride
- B. Living in peace requires swallowing our pride