## How to feed your soul Col.3:1-17

- I. Think about where you are V.1-4
- II. Starve your <u>flesh</u> V.5-9
- III. Practice V.12-14
- IV. Check in with yourself V.15
- V. <u>Immerse</u> in the Word V.16
- VI. Live in the name of the Lord V.17