

# Christian Deconstruction

## *Faith In Your Brokenness*

Ps.34:18

### I. What can “break” us?

- a. Physical health issues
- b. Emotional/psychological issues
  - i. Pain of loss
  - ii. Pain of guilt/shame
  - iii. Pain of mental illness
    1. Loneliness
    2. Anxiety
    3. Depression

### II. What are common reactions?

- a. “God must hate me”
- b. “There is no God”
- c. Self-indulgence
- d. To “run-away”

### III. There is healing

- a. Recognize and accept that:
  - i. You are dust, in an earthen vessel
  - ii. The fight is a fight of faith I Tim. 6:12
  - iii. God is there for you Ps. 34:18
  - iv. You can endure I Cor. 10:13