

Pastor Ken Doan
Feb 20, 2022

Emotions ~ Gauge or Guide?

I Peter 1:13

I. Review

- A. We are created in the image of God with relatively similar desires
- B. Through salvation and involvement in His Church, God has provided all that we are looking for
- C. Focusing on myself and temporal issues leads to worry, anxiety and fear

II. Our Battle

- A. Internal struggle - Heb 3:12,13
- B. External battle - Eph 6:10-13

III. Our Defense

- A. Guard your mind - I Pet 5:8
- B. Guard your emotions - Prov 4:23
- C. Guard your body choices - Rom 6:12

IV. Our Hope

- A. Rest is coming - I Pet 1:4
- B. Rejoice in trials - I Pet 1:6,7
- C. Faith will be honored - I Pet 1:7