

## Jesus & My Emotions

Luke 12

- I. Review
- II. Jesus addresses our basic struggles - v.22-34
  - A. Worry, anxiety and fear
  - B. Control issues
  - C. Faith issues
- III. Life is short - v.13-21
  - A. Rich fool
  - B. Solution: Don't focus on this life
- IV. Don't worry - v.22-34
  - A. Control and anxieties
    - 1. Worry - v.22
    - 2. Anxious - v.26
    - 3. Fear - v.32
  - B. Solution = seek Him completely
- V. Application
  - A. You are God's most valuable possession - v.24,28
  - B. Worry, fear and anxiety solve nothing - v.25
  - C. Your Father knows - v.30
  - D. Focus on things that last - v.23,31
  - E. What I value determines the status of my heart - v.34