

Finding Joy in Discouragements

Advent Week 3

I. Introduction

- A. Elisabeth found joy - Luke 1:5-7, 24-25
- B. Mary experienced joy - Luke 1:26-31
- C. They both learned joy - Luke 1:39-42,46

II. It's OK to be happy!

- A. Joy and Happiness are 2 sides of the same coin
- B. Some people are more naturally happy than others
- C. Some people need permission to be happy

III. Joy gives strength - Neh. 8:10

- A. Knowing God makes us strong
- B. Even when our sin and ignorance is revealed
- C. Truth = Joy

IV. Joy is a choice

- A. What do you want to rely on?
 - 1. Yourself, government, science and technology?
 - 2. God and His promises
- B. God gives joy in EVERY circumstance of life
- C. So don't quit!